Untreated Decay, Inequities Increase in Children's Oral Health

Tooth decay is the most common chronic disease among kids.

Children do better in school when they're cavity free.

But progress in cavity prevention has declined according to the 2023-2024 Washington State Smile Survey.



2 in 3

third graders in Washington have experienced tooth decay.

More than 1 in 5 have rampant decay (7+ teeth). For children from low income households, that increases to 1 in 3 children.

Too many children are in pain.

And oral pain is disrupting learning.

Over 3,000

second and third graders may be sitting in class each day with oral pain.

Those students would fill



42 buses.

\$20 return for every \$1 invested in prevention, like dental sealants and fluoridated

water.
Source: CDC 2022

Prevention is key.

Dental sealants prevent cavities, but too many kids are still missing out.

Nearly half of 3rd graders (48%) had protective sealants in 2024, which is **higher than the national average** of 32% for 8 year old children.

1 in 5

third graders have untreated cavities.

12% 2015-16

19% 2023-24

% 3rd graders with untreated cavities

Data shows increasing untreated decay and widening disparities across groups, with children of color experiencing more untreated decay.

For children, severe cavities can cause:

- Chronic pain and infection
- Difficulty speaking, eating, and learning
- Self-esteem issues



 $\%\,3^{\text{rd}}$ graders with dental sealants

Equity data tells an even starker story.



Children in 2nd and 3rd grade experiencing homelessness face the highest burden of oral disease.

3 in 4 have tooth decayand 1 in 4 has
untreated cavities.

2nd and 3rd graders from lowincome households are **more than twice as likely to suffer from rampant tooth decay** compared to higher income peers.

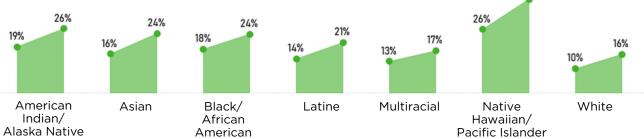
32% of low-income 2nd and 3rd graders

14% not low-income

% 3rd graders with rampant tooth decay by free and reduced lunch qualification

Untreated decay has increased across all race/ethnicity groups since 2016, with children of color more likely to have untreated decay.

Percent of 2nd and 3rd graders with untreated decay between the 2016 and 2024 Smile Surveys



Cavities carry a steep cost **each year** in the United States:

\$2 billion in ER visits

Source: AHRQ 2021

What can we do?





Expand access to dental care, especially for children with the greatest needs.

38%



Further **expand collaborations at the community and statewide levels** to advance policies and programs to improve children's oral health, access to care and reduce inequities.

Healthy Mouths, Healthy Minds.

Every child should learn pain free.



arcorafoundation.org/smile-survey



