



## People with Diabetes Are Eligible for Increased Medicaid Dental Benefit

Starting in 2024, deep cleanings—also called periodontal maintenance—increase from 1 to up to 4 per year.

### Why is this benefit important for you?

Gum disease—also called periodontal disease—is an infection that affects the soft tissue in your mouth and can destroy the bones that hold your teeth in place.

If you have diabetes and periodontal disease, your Apple Health (Medicaid) coverage allows up to 4 deep cleanings a year to support your oral and overall health.

More frequent deep cleanings can:

- ✔ Improve blood sugars.
- ✔ Reduce risk of other diabetes-related complications.
- ✔ Reduces health care costs.

### Did you know?

Diabetes can make you 2-3 times more likely to have gum disease—a complication of diabetes—and for it to be more severe. When gum disease is severe, it can make your blood sugars higher and harder to control.

American Diabetes Association Recommendation:

➔ Have a dentist check your gums for periodontal disease.

### Need help finding a dentist?

Find dentists who accept Apple Health at DentistLink—DentistLink.org or 844-888-5465—a no-cost referral service.

Questions? Email [info@arcorafoundation.org](mailto:info@arcorafoundation.org).